# WOMAN'S HERALD HOUSE

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DAILY DEPARTMENT OF THE WASHINGTON HERALD.

Correspondence is invited. Address communications to the Woman's tor of The Washington Herald.

#### Does Guest or Host Rule?

A few weeks ago Lord Gwydyr, a memher of the British peerage, died and was gestions for treating a chicken in an duly lamented. He had lived to a ripe served for a family of two.

To begin with, it is more economical to old age and he was really a member of an earlier generation. Thackeray himself buy a large chicken, and take the trouble to plan how to use it temptingly several times than to buy a small one.

Here is one method of using a chicken: rules that he imposed on the guests that visited him—and he had many guests, for he was renowned for the shooting parties he gave—would take the genius of a Thackeray to describe.

Thackeray to describe.

There is one method of using a chicken for the bring a chicken and divide that into two pieces. Brown a slice of onion, minced, in a little butter, roil the chicken breasts in flour, and brown in the butter. Put all in a casserole and add a cupful of hot water. Cover, and simmer sently

be in bed by 10 o'clock at night.

smoke after dinner.

party guest is hardly tied by bonds more each end and pour the temate gravy personal than if he were staying at a Stew the rest of the chicken until it

served—especially breakfast and luncheos chicken legs and gravy. -when and where the guest pleases.

guest, there is a certain underlying rec-ognition on his part of the rule of Eng-be, and mix them with a cupful of rice lish hospitality that calls for allegiance

of hotel-like character that it has reached chicken mixture. Brown in the oven, in England. Excepting in unusual instances, introductions are still indulged in gravy. by American hostesses. And the hostess chicken, and each so different from the herself keeps a much more obvious watch the others that there would be no

developed a race of guests like the Eng-lish house guests. On this side of the Atlantic many persons, and those of good breeding, too, fail to arrive at a house party on the day they promised to arrive, and they fall to leave on the day arrive, and they fall to leave on the day

It is going to the table.

Another time, roast the chicken, and their visit. They do erratic things in the way of interfering with the carefully

Well, perhaps Lord Gwydyr's guests white sauce and garnish with parsley, chafed under his domineering rules. Maybe they slipped into the garden to smoke
a cigarette when he wasn't looking. or
perhaps they carried electric candles
be made of bits of chicken mixed with
be made of bits of chicken mixed with with them to his shooting place, so that celery or with minced green pepper they could read or play solitaire surreport with chopped hard boiled eggs and thiously after he had sent them to bed.

## HOROSCOPE.

"The stars incline, out 40 ro' compel." Tuesday, April 6, 1915.

According to astrology this is rather a fortunate day for Jupiter rules strongly for good during the early hours, and Uranus is mildly benefic. In the evening, however, the Sun is in a place read as exceedingly evil in

Under this kindly rule of Jupiter merchants, and all who supply the necessaries of life, should benefit. Trade is subject to a rule that will bring great profits.

While the stars foreshadow business activity there is indication that suc-

conservative policies.

Temptation to speculate will lure many women, as well as men, to ruin this year, it is said, but great fortunes will be made by the few who are lucky. This configuration is exceedingly

good for taking counsel on all legal matters Lawyers and judges should This is a fortunate period for what-

ever is connected with education. College students have the prognostication of success in unusual vocations. Women are still under a sinister sway that is exceedingly difficult to overcome. They will encounter ob-stacles in business and professional

progress, but extraordinary achieve-ment will be possible. A woman legislator in a Western State will cause much talk by her radical views.

Unexpected sources of revenue will

be opened to the government, the seers

Civic experiments in Western cities will attract the nation's attention. These will enlist the support of labor unions and industrial organizations The California legislature is subject to a rule indicating a session of un-

usual interest. Chicago is to be the scene of a riot or accident in which a great crowd is Saturn culminating at Berlin fore-

shadows a serious crisis. Officials and military commanders will be disgraced and superseded, it is said. Persons whose birthday it is have the augury of a happy year in all that concerns domestic mappiness. Those who are employed should be exceedingly careful. The young have the forecast of romance and marriage. Children born on this day should have strong characters. Executive ability and power to lead are traits to these subjects of Aciries.

## BIDS FOR ROCK ORE OPENED.

petitors.
Two propositions were bid upon. The first was for supplying the District with rock from the quarry owned and operated by the municipal government at Dickson, Md. The Standard Lime and Stone Company, of Baltimore, has the contract at present and submitted a bid for the next contract.

The second proposition was the furnishing of rock on one-year contracts, the specifications calling for 20,000 tons of trap rock, 1,500 tons of lime stone and the tens of lime-stone dust.

Amouncement of the awards will be made within about ten days.



A CHICKEN FOR TWO.

Every young housekeeper who begin ife in a simple way is troubled over the roblem of ordering meats for two. A fresh roast every night seems an extravagance, and warmed-over meats are not always palatable. Here are some sug-

One of them was that his guests should hot water. Cover, and simmer gently until the chicken is almost done. Then the in bed by 10 o'clock at night.

The other was that they should not half a green pepper, minced. Continue cooking until the chicken is very tender. moke after dinner.

Rather remarkable, both of these rules, especially in England, where the house a platter, place a piece of chicken at

hotel. Tet they perhaps suggest the whole philosophy of English entertaining. The English guest is welcome wherever and whenever he is invited. He is free, while a guest, to do much as he pleases. He may speak to anyone that interests him, yet he is not called upon to be friendly with his fellow-guests, if he does not wish to be. They are not even introduced to him. Future intimacy depends solely on mutual desire. At the big English country houses entertainment is provided for the guests much as a hotel plans to entertain its patrons. Meals are served—especially breakfast and luncheos.

when and where the guest pleases.

Yet, in spite of all this freedom for the prepared part. For the third serving, lish hospitality that calls for allegiance or fine breadcrumbs. Season well with salt and paprika. Parboll two sweet green peppers, and slash open one side of each. Pull them open, remove the of botal like character that it has resched.

Here are three dinners from over the comfort of her guests than does
the English hostess.

But on the other hand, we have not yet

Sameness. Put what remains of the
chicken—the bones of the wings and
back and any gravy there may be—
with a bandful of rice, a stalk of

for the second day warm neat pieces of it in gravy. For the third day grind up odds and ends and mix with made plan sof the hostess, and what half its quantity of boiled rice, and a would happen if they were asked to go beaten egg and form into croquettes.

Dip in beaten egg and crumbs and fry the beat half its quantity of boiled rice, and a would happen if they were asked to go served with mayonnaise and lettuce.

## DAILY FASHION HINT.



A semi-princess frock of charming design for informal wear. Excellent opportunities are afforded for combining materials in this design. The princess is of voile and the waist of striped silk. 2 yards of 36-inch material being needed for the waist. The princess requires 4½ yards 44-inch voile.

voile.
Pictorial Review Weist No. 4884.
Sizes, 14 to 20 years. Price, 15 cents.
Princess No. 6155. Sizes, 14 to 20 years.
Price, 15 cents. Pictorial Review Patterns

On Sale at S. KANN, SONS & CO.

# ATTRACTIVE EARLY FRENCH FROCKS



there red cherries.

The name comes to us, according to Teutonic mythology, from the very

ded with pink roses.

many claims to first place among the

But Shakespeare and the Conqueror

heroes of their name.

YOUR FIRST NAME

ITS ORIGIN AND THE FAMOUS FOLK

WHO HAVE BORNE IT

all others just at present, for it is the by his victory of Hastings or Senlar only name borne today by more than Hill in 1066 made a place for himself

one of the world's rulers. In Germany among the greatest conquerors of the there is Emperor William, in Holland world; the English writer, who by his there is Queen Wilhelmina, and in the wonderful poems and dramas put him-

United States there is William Woodrow Wilson. And besides this it is
the name of three of the world's most
famous characters—William the Conqueror, William Tell, and William
first told, have each of them a good

Black taffeta and chiffon are A corkscrew model exploited in his navy blue cross-bar shifton combined in this fetching afternoon mole-colored faille, tier upon tier frock. The full skirt of this green this navy blue cross-bar diffon cloth, mounted over sand-colored satin. A variation in the plaited stirt, the chiffon appearing again tunic is the pointed outline. Sand-colored recolored test the colored net is combined with the silk in the blouse. The combined in this stetching arteration in mole-colored raille, ther upon ther frock. The full skirt of this green of slightly shirred circular flounces and blue plaid striped in gold is for training the body properly until fitting bodice is finished with a lace of green net, the net being compossible way of doing them. If I consider the colored raille, ther upon ther frock. The full skirt of this green and blue plaid striped in gold is partially veiled by a very full tunic of green net, the net being combined in this stetching arteration in frock. The full skirt of this green and blue plaid striped in gold is for training the body properly until fitting bodice is finished with a lace of green net, the net being combined in the stetching arteration of slightly shirred circular flounces and blue plaid striped in gold is for training the body properly until fitting bodice is finished with a lace of green net, the net being combined way of doing things the right way of doing things dipped. It will give them a finish and chiffon cloth on the bodice. collar. The same quaint little air Black and coral flowers encircled Loops of grosgrain ribbon are freshness like new. Through the toque is twisted red marks the simple but suitable hat the crown of the sand-colored poke drawn through a buckle as trimvelvet ribbon, dotting here and wreathed in a black ruche and stud- bonnet, which has coral medallion ming for a sand-colored hemp turon the ribbon streamer.

> fall. And the man who is called "the founder of Dutch liberty," who led the t was organized, after Napoleon's down-Dutch for thirty-seven years in their struggle against Spain, and who in 1881, when the Dutch were victorious, was made the first stadholder, was William the Silent, of Orange. William Mc-Kinley, William Henry Harrison, and William Heward Tage are the three Poors William Howard Taft are the three Pres-idents of the name. William Jennings

Shakespeare.

The name comes to us, according to Teutonic mythology, from the very creation. There was a cow, Andumable, who by constant licking formed from stone a man, Bur. He was the grandfather of the three primeval gods, Odin, the ail pervading: Ve, the holy one, and Will. So arose a word meaning willed or chosen, and from this word the heaven of Teutonic mythology was named Walhalla or Valhalla, and the was a fixed to the chot was fixed to the chot was a fixed to the chot was fixed t English forms of Wilmette, Minella, and Mina. The feminine in French, Spanish, and Italian is the same as the masculine, save that in each case "a" is substituted for the final vowel. The Polish form is Minka, and the Dutch Willemin or Willemple.

There have not been many prominent women of the name besides the popular young Queen of Holland—who, by the way, is the only woman in the world ruling in her own right. The most noted of the few are probably the Princess Wilhelmine, of the eighteenth century, the favorite sister of Frederick the Great of Prussia, and Wilhelmina Caroline, Queen of George II. of Engined, who made her personality felt in politics, and who several times acted as regent when the king was away from home.

(Convent by Prasse Markell.)

Mrs. Sewell's books are all characterized by extreme simplicity of language, depth of faith and a very obvious moral. Her daughter, the author of "Black Beauty," which sold to the of 100,000 copies in one year and the same as an invalid, having aprained her ankles so seriously in youth that she was never again able to walk unassisted.

(Convent Bill.)

College Girls Marry.

"A college education does not in the least interfere with matrimony," said Mrs. Louise W. Arnoid, president of Mount Holyoke College Alumnse acted as regent when the king was away from home.

(Convent Bill.)

Here is a fetching plaid silk



The only first name that is today borne by more than one of the world's great rulers — It comes down to us from creaties, and means after the coastle to which none save Williams might come. When the world's great rulers — It comes accounted and it was formed from the responsible of the conjugation of the same william she counted and it was formed from the responsible of the same william she counted and it was formed from the responsible of the same william she counted and it was formed from the responsible of the same william she counted and it was formed from the responsible of the same william she counted and it was formed from the responsible of the same william she counted and it was formed from the responsible of the same william she counted and it was formed from the responsible of the same william she counted and it was formed from the responsible of the same william she counted and it was formed from the responsible of the same william she counted and it was formed from the responsible of the same will as the same same will as same that the same time there was the great generation of the same will as the same time there was the great generation of the same will as the same time there was the same time there was the great generation of the same will as the same time there has been a certain time.

The name william is honored above others just at present, for it is the rame borne today by more than of the world. The name william is honored above others just at present, for it is the rame borne today by more than of the world. The name was a same to the same time the was in the same time the same time the same time the was in the same time the same time the same time the same time the was in the same time to the same time the same time the same time to the same time t was William Cullen Bryant, the New England poet, who published his wont derful "Thanatopais" when he was just a little over twenty. Then there were the several English Williams already mentioned who played an important part in the development of the United States—William of Orange, Mary's husband, for whom William and Mary College in Virginia was named, and for whom one of the Prench and Indian, wars was likewise named; the Pitts, who were friends of the colonies, and Gladstone himself, whose policy at the time of the Civil War certainly influenced the course of events.

The feminine form of the name most used is Wilhelmins. This is really the German name, although for some reason it has almost superseded the true English forms of Wilmette, Minella, and Mins. The feminine in French, Spanish, and Italian is the same as the masculine, save that in each case "a" is sub-

"A college education does not in the least interfere with matrimony," said Mrs. Louise W. Arnoid, president of Mount Holyoke College Alumnae Association, recently. "The average college graduate is not apt to be so romantic as a younger girl, so she does not enter matrimony so hastily." But as for saying college educated girls do not want to marry, that is absolutely wrong. The highest and most lofty motive in any girl's life is matrimony and to make a good mother."



## The Importance of Poise

give the lie to your words.

Ah, the weebegone, expression of the relaxed, affected poise of the young physician while you are under his girls and of many fashionable women

It means they will grow purposeless, relaxed in mind, and when they have stood in this attitude for a few years their health will be undermined. Their lungs are cramped, their stomachs, kidneys and abdominat viscera will prolapse from two to five inches, and, of course, the digestive organs cannot function properly.

The result is worry and mental depression.

This generation requires cheerful, positive constructive thought direct.

Are the different things we see advertised on the market safe to use?

I am not familiar with the formula for the different things we see advertised on the market safe to use?

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I am not familiar with the formula for the different deplications on the market

This generation requires cheerful, ositive, constructive thought, directing the women of America. It means we shall need soldlers, generals in life's battle. We need them now. almagine a general, imagine a soldier, standing in the attitude of the young girls of today, which says:
"Please don't shoot!"

No fashion that cannot be made to conform to hygiene and common sense is long lived and I am glad to til it just begins to smart. Then take see that a healthful reaction has set in against this loose affected. n against this loose, affected car-

carriage cannot be overestimated. By correct poise I mean the equilibrium so maintained that the weight is lift-ed from the abdominal organs and

tal action. tal action.

A correct poise enables one to work or play to the best advantage, for the reason that every organ and muscle is free to do its work. It encourages deep breathing, promotes full and equal circulation, allows the digestive organs to carry on their functions without harm or hindrance.

A correct poise will carry of a

A correct poise will carry off a shabby gown, it will make an undersized or badly proportioned figure ap-pear dignified, it will add enormously to any woman's charm, it is a beauty ink spot with the milk and keep it wet that age cannot deprive us of, and yet until the spot disappears. Then wash a very small proportion of women the spotted fabric in cold before washing a very small proportion of women stand or walk correctly.

edge of the door. Your body is now in thoroughly with correct polse. Standing this way you a dry flannel. correct poise. Standing this way you a dry fiannel.
should feel perfectly at ease. If the back aches below the waist, if the It is the lactic acid in milk that is effective of the legs feel strained, if fective in removing the freckles.
Cattle branding is gradually being renthere is any discomfort in any part. It is because you have been holding dered obselete, as the generally enforced yourself improperly and the right muscles must be strengthened to sustain the weight of your body.

If you are one of the world's work-

ers you want to get the very best possible use from your body. Make it your servant, not your master. If your

#### Answers to Correspondents.

Miss Cocroft will endeavor to answer all questions relating to her department as promptly as possible. As it will not be practicable to print an answer to every inquiry, a stamped envelope should accompany each let-ter. All letters should be addressed to Miss Susanna Cocroft, care of this pa-

Miss S. C. H. writes: "My nurse will not let me wear pretty night gowns because she says that they do not cover my arms and neck. I do not see why I need to have my arms and neck covered in bed."

If you are upright in mind, stand if you get chilly your food digests upright in body. Do not let your body very slowly, so better make some pretty gowns with long sleeves and

No courage, no hope, no vitality expressed there.

Fathers and mothers, do you know this means to the health and to the poise of mind of your daughters?

Removal of Superfluous Hair.

Miss C. B. writes: "Will you please tell me how I can remove the superfluous hair from my face and arms? Are the different things we see ad-

You can make a depilatory for yourself, for the removal of the superfluous

hair on the arms, of

one-third cornstarch,
Two-thirds barium sulphite.
Mix the above formula with just
sufficient water to make a paste, about as thick as cream, and with a knife cover the arms with the paste. Let it es that a healthful reaction has set a knife and scrape it off. The hair against this loose, affected carlage.

The importance of correct poise and arriage cannot be overestimated. By

ness will soon disappear.

This hair will grow again, but it will not grow any stiffer or stronger. heart and all organs of the middle zone are correctly placed and have plenty of room.

A poise gives a sense of buoyancy which will be reflected in better menskin unless you have some rash or open sores. In that case do not use

(Copyright, 1913.)

USE MILK.

Use milk on patent leather to polish. such luster and softness. Use milk to clean plane keys. It re-

moves all dust and grime and does not mar their ivory smoothness. Use milk to remove ink spots. Wet the t in warm water. Do not allow the milk

Use milk in starch to give it a glos Add a few tablespoonfuls to a panful

### Positive Relief For Constipation

The progress of modern medical science is, perhaps, no more forcefuily evident than in the simplifying of many of the old-time remedies of past generations. For instance, the harsh cathartics and violent purgatives used by our forefathers to relieve constipation are now known to be not only unnecessary but really harmful. Constipation can be more effectively relieved without the discomfort and pain these old-time remedies occasion.

A combination of simple laxative herbs with pepsin, sold in drug stores under the name of Dr. Caldwell's Syrup Pepsin, is most effective, yet mild and pleasant. It is absolutely free from opiates and narcotics and equally as desirable a remedy for the tiniest babe as for rugged manho A free trial bottle can be obtained by writing to Dr. W. B. Caldwell, 452 Washington St., Monticello, Ill.



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-another State added to the stock. These are genuine Oneida Community Silver-the recognized standard of silverware. Fully guaranteed by the manufacturers. Watch for new States and make a collection of your

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This Coupon with one other clipped from Saturday's or tomorrow's Herald with 13 cents, is good for one Spoon (25 cents for, two Spoons), when presented to the office of The Washington Herald.

Note-When ordering by mail, add 8 cents extra for each spoon.